

Center for Children and Teenagers with Mixed Disabilities „DANCO”

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Activity Report

1. 01.2009 – 31.12.2009

I. General provisions

The Center for Children and Teenagers with Mixed Disabilities „Danco”(hereafter – the Center) is public social institution which delivers services of psychosocial rehabilitation and social inclusion for disabled children and teenagers and for their families and relatives.

The goal of the Center is:

Improvement of the quality of life of disabled children and teenagers by their psychosocial rehabilitation and social inclusion

The Center was founded on the basis of Balti Municipal Council Decision with the financial support of Moldovan Social Investment Fund and on the basis of Collaboration Memo for the implementation of the component of the MSIF-2- funded project “Development of Social Assistance Services” approved by Municipal Council Decision Nr. 8/5 of 27.10.2005. (Implementation of the sub-project Nr.1605 Center for Children and Teenagers with Severe Mixed Disabilities „Danco”).

The Center is situated in Balti municipality on the street Șevcenco 23, A, D part 2-a, which is municipal propriety.

General objectives of the Center are the following:

- a. Medico-psycho-social rehabilitation of disabled children and teenagers.
- b. Deinstitutionalization, social inclusion and prevention of institutionalization of disabled children and teenagers.

Specific objectives are:

- a. Increasing of the level of development of disabled children and teenagers and their adaptation in society;
- b. Physical and psychic rehabilitation of disabled children and teenagers;
- c. Maintenance of physiological integrity of children and teenagers with disabilities;
- d. Development of socialization, adaptation and re-adaptation abilities of children and teenagers with disabilities;
- e. Drilling primary educational abilities and abilities of independent living skills of children and teenagers with disabilities;
- f. Awareness-raising of beneficiaries, relatives and community regarding the importance of deinstitutionalization and integration into community;

Beneficiaries of the Center:

Beneficiaries of the Center are Republic of Moldova citizens, residents of Balti municipality, who can benefit of the necessary social services.

Direct beneficiaries:

- Disabled children aged 10 – 10 children;
- Disabled teenagers aged 18-30 – 10 teenagers.

Indirect beneficiaries:

- Their families;
- community;
- social assistance and health departments

The beneficiaries benefit of all fundamental human rights, they are treated with dignity and respect in conformity with the legislation and international standards.

Team:

Popa Corina – director
Jdanova Irina – vice-director, medic-psychiatrist
Pilipenco Doina – chief accountant
Chihai Jana – psychiatrist
Stefirta Tatiana – social assistant
Besliu Irina – social assistant

Popenco Gabriela – psychologist
Ghilechi Alina - psychologist
Popa Vladimir – superior medical assistant
Gonta Veronica – medical assistance for procedures
Gavriliuc Veronica – medical assistance for kinetic therapy
Liubonscaia Aurelia – masseur, medical assistant
Puiu Tatiana – medical assistant for physio-procedures
Movila Ludmila - medical assistant for physio-procedures
Florea Nadejda – center attendant
Negrusceac Tamara – center attendant
Botnaru Olga – center attendant
Andronovici Nina – bartender
Ciubara Raisa – medical nurse for diet
Milimuc Ana – kitchener
Zaharco Anastasia – kitchener
Teodorescu Cristina – kitchener’s assistant
Naconecinaia Diana - kitchener’s assistant

II. Organization and Functioning of the Center

The Center offers various services in compliance with the needs of children and teenagers with disabilities. These services are divided into 3 basic programs:

A. Program for medico-psycho-social rehabilitation – medical assistance in conformity with medics' prescriptions, professional psychic consultation – psycho-neurologist's consultation, psychiatrist/psychotherapist, speech therapist, massage, curative gymnastics, play therapy.

B. Program for deinstitutionalization and social inclusion - to organize excursions and visits in theatres, cinemas, historical and natural monuments, etc.; matinees and celebration holidays, concerts for parents and relatives. To practice housekeeping activities (elementary care activities for care and self-care); activities in the kitchen (elementary abilities/ more advanced abilities such as table serving); lessons/occupations for general development.

C. Program for maintenance of physiological integrity – complex alimentation 3 times a day, maintenance of personal hygiene of each beneficiary. The maximal capacity of the Center is 20 places.

The Center is open through 8.00 - 19.00, 5 days a week and offers all services necessary for the beneficiary of the Center.

All activities are supervised by social and medical assistants, psychologists and volunteers.

Multidisciplinary therapeutic team supervises the work with the beneficiaries of the Center. The individual consideration of the beneficiary is effectuated on the basis of elaboration of the individual plan developed by the community multidisciplinary therapeutic team after collection of all data and medical anamnesis, psychological profile and other social states. The intervention is performed on the basis of psychosocial rehabilitation procedures.

The Center is open through 8.00 - 19.00, 5 days a week, for 20 people.

The Center offer medicated treatment if it is necessary and permanent psychotherapeutic treatment.

The Center activity is effectuated through involvement as far as it is possible in all everyday activity and housekeeping activity of the beneficiaries supervised by social assistants and psychiatric nurses.

In the Center there works a common canteen for the Crisis Center „Sotis”, Community-based Center for Aged People „Respirația II”, Center for Placement and Social Adaptation of Homeless People „Reintoarcere”, Center for Urgent Receiving of Children „Evricea”, Center for Mental Health „Somato”. The regulations for canteen functioning are supplementary stipulated by the Center administration.

III. Center Activity:

The Center intervention is complex and holistic, it has temporary character and is called assisted case in mental health.

1. The assisted case is performed by community multidisciplinary team, which is composed of:

- a. Psychiatrist/psychotherapist 1;
- b. Psychologist/psychotherapist 1;
- c. Medical assistant 4(1 – for procedures and personal records; 1 – kinetic therapist; 1 - masseur, 1 – physiotherapist);
- d. Social assistant - 2;
- e. Speech therapist - 1.

2. Duration of the intervention in the Center is 90 days.

3. During their stay in the Center the beneficiary has to fulfill a plan for individual intervention, which consists of:

- a. First psychiatrist consultation - 1 – duration – 30 minutes;
- b. First psychotherapist consultation - 1 – duration 45 - 60 minutes;
- c. First evaluation of the beneficiary by psychologist - 1 - duration 40 minutes;
- d. First evaluation of the beneficiary by medical assistant – 1; duration - 20 minutes;
- e. First evaluation of the beneficiary by kinetic therapist – 1; duration 20 minute;
- f. First evaluation of the beneficiary by the speech therapist – 1; duration 20 minutes;
- g. First evaluation of the beneficiary by social assistant – 1; duration 40 minutes;
- h. First evaluation of the beneficiary's family by social assistant – 1; duration 30 minutes;

a. repeated psychiatric consultation - 2 consultations in a week - duration 30 minutes;

b. individual psychotherapy - 2 times a week - duration 45 - 60 minutes (45 minutes for the meeting itself and 15 minutes to document the case);

c. group psychotherapy - 1 time a week – participants 9-13 people - 1 duration 1,5-2 hours. The applied methods – psychodynamic, behavioral, cognitive, gestalt (Geschalt) therapy, transactional analysis, systematic psychotherapy, music therapy, art therapy, diverse methods for relaxations, autogenic training, etc.

d. individual consultation by the psychologist – 2 consultations a week; duration 40 minutes;

e. Consultations for personal development (group) – 1 consultation per week; duration 1.5 – 2 hours;

f. family consultation to consolidate parental capacities; participants: family 2-5 people and beneficiary – once in 2 weeks – duration 1 hour;

g. support and auto-support group with psychologist and psychiatric nurse; participants 9-13 people, once in 2 weeks; duration 1.5 – 2 hours;

h. repeated evaluation of the beneficiary by the psychiatric nurse – 2 times a week; duration 10 minutes;

i. repeated evaluation of the beneficiary by kinetic therapist – once a week; duration 20 minutes;

- j. repeated evaluation of the beneficiary by speech therapist – once in 10 days; duration – 20 minutes;
- k. repeated evaluation of the beneficiary by social assistant – once a week; duration – 10 minutes;
- l. Occupational therapy and ergotherapy for professional orientation – 5 times a week; duration 1,5-2 hours.
- m. massage – 20 sessions during 3 months: 10 sessions consecutively, 10-20 minutes each;
- n. kinetic therapy sessions - 30 sessions in 3 months: 10 sessions consecutively, 30-60 minutes each;
- o. speech therapy sessions – 20 sessions in 3 months: 10 sessions consecutively, 10-20 minutes each;
- p. physiotherapy sessions – 30 days in 3 months: 10 days consecutively per 2 procedures.

Partners offering support in the organization of activities:

- Balti city hall;
- MSIF;
- Civic Organization „Somato”;
- Center for Mental Health „Somato”;
- Center for Placement and Rehabilitation for Abandoned Children from Balti municipality;
- Auxiliary school-internat for children with mental deficiencies from Balti municipality;
- Public Medico-Social Institution Psychiatric hospital from Balti;
- Psycho-Neurological Internat from Balti;
- State University “Alecu Russo”, Balti, Pedagogy, Psychology and Social Assistance Department;
- News Agency „ DECA press” Balti, local media resources.

Together with the organized activities there was also elaborated a number of documents necessary for Center’s effective activity. Until now there have been elaborated the following documents:

1. Regulations for the Center;
2. Function cards of the workers – Nr. 19;
3. Assisted case for the beneficiary of the center;
4. Personal questionnaire of the beneficiaries for each specialist from the multidisciplinary team:
 - First evaluation of the beneficiary;
 - First evaluation of the beneficiary’s family;
 - First evaluation – Service Plan;
 - Psychiatric Nurse Card;
 - Psychiatric Card;
 - Psychology Card;

- Individual Intervention Plan in occupational therapy.

Also there were elaborated and issued programs, news and promotional materials:

1. TV program – Nr.2;
2. Documentary film – Nr. 1;
3. Article in newspaper „SP”- Nr 5;
4. News in electronic bulletin „Deca - Press” – Nr 11;
5. Newspaper „Advocacy – Center for Children and Teenagers with Severe Mixed Disabilities - „Danco” – 250 copies;
6. Flyers – advertisements of newly-created service –300 copies;
7. Flyers – services offered in the center, contact data – 600 copies;
8. Booklets with the goal, objectives and center activities –250 copies;
9. Booklets which describe services delivered in the Center – 500 copies.

Implemented Projects

To improve the quality of services delivered by CCTSMD “Danco”, CA “Somato” there were implemented the following projects:

- **Project “Support of Mental Health Reform” (Occupational Therapy, phase II)**, funded by Swiss Agency for Development and Cooperation in Moldova.
The targeted activities were the following:
 - Instruction of the personnel;
 - Organization of the “Open Doors Event” – decorating the hall and territory. Elaboration of promotional material and filming.
 - Equipment for play therapy, Occupational Therapy;
 - Equipment of the Center, Territory;
 - Certain furniture elements.
- **“Project for extension of social services for disabled people”** funded by Keystone Human Services International:
 - Creation of the play ground (pavement, swings, benches)
 - Creation of facilities for people with motor disabilities (installation of the rails at the 2 exits and in sanitary blocks)
 - Creation of play therapy (table football, equipment for games, music instruments, games for development, equipment for physio-procedures)

Indices for Monitoring

- Number of direct beneficiaries registered in 2009 – 20 people:
Girls – 11

- Boys – 9;
- Number of indirect beneficiaries (families, relatives) – 63 people
- Total number of the beneficiaries – 1 963 people
- Average number of beneficiaries per day – 10,67
- Total number of beneficiaries of the canteen – 13 429 people
- Average number of the beneficiaries of the canteen per day – 72,98.

Number of services delivered by the Center:

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- First psychiatric consultation –20;
- First psychotherapeutic consultation –20;
- First evaluation of the beneficiary by the psychologist –20;
- First evaluation of the beneficiary by psychiatric nurse – 20;
- First evaluation of the beneficiary by the kinetic therapist –20
- First evaluation of the beneficiary by the speech therapist –20;
- First evaluation of the beneficiary by the social assistant –20;
- First evaluation of the beneficiary's family by the social assistant –20.
- Repeated psychologist consultation – 1240 (2 times a week);
- Individual psychotherapy –1240 (2 times a week);
- Group psychotherapy - 620 (once a week);
- Individual consultation by the psychologist - 1240 (2 times a week);
- Consultation for personal development (I group) – 30 (once a week);
- Family consultation to fortify parental abilities – 15 (once in 2weeks);
- Support and auto-support group with psychologist and psychiatric nurse –8 – (once in 2 weeks);
- Repeated evaluation of the beneficiary by the psychiatric nurse - 1240 (2 times a week);
- Repeated evaluation of the beneficiary by the kinetic therapist - 620 (once a week);
- Repeated evaluation of the beneficiary by the social assistant - 620 (once per week);
- Occupational therapy - 3100 (5 times a week);
- Message sessions –84 sessions (per 10 sessions) (840 sessions);
- Kinetic therapy –140 sessions (per 10 sessions) (1400 sessions).

Number of activities beyond the Center:

- Participation at Mental health Week – 1 week;
- Excursions in park – Nr 12
- Number of the beneficiaries assisted to get involved in education – Nr 2
- Number of the beneficiaries returned from internats or other residential institutions during reported period – Nr 4
- Number of meetings within the network of other centers/centers/NGOs – Nr

- Number of lessons/trainings for general development organized for the beneficiaries – Nr 145.
- Number of workshops organized for the beneficiaries – Nr 5:
 - *“Psycho-cognitive processes. Deviations of psycho-cognitive processes” – 18.06.2009*
 - *“Introduction in general psycho-therapy. Nosology groups based on psychiatry” – 10.07.2009*
 - *“Components of an assisted case for CCTSMD “Danco” – 31.07.2009*
 - *“Work in a multidisciplinary team” – 5.08.2009*
 - *„Flu A (H1N1). Prevention, combating and intervention in the pandemic flu” – 19.11.2009.*

Number of trainings organized for the personnel – Nr 2:

- *„Community-based care for people with mental health problems” (13.08 - 15.08.2009)*
- *“Community-based care for people with mental health problems” part II (10.09 - 12.09.2009)*

Personnel instruction beyond the Center - Nr 10:

The list of training sessions for the personnel:

1. *Training „Development of integrated services for social assistance” - July 2008, Holercani / Romania (participant - director);*
2. *Instruction program in social management – October – November 2008, Bacău / România (participant - director);*
3. *Instruction program for the specialists from social services - 5th February 2009, Balti city hall (participant – director, social assistant);*
4. *Round table „The role of social assistant in monitoring and reintegration of the victims and potential victims of human being traffic” – 13th February 2009, Balti city hall (participants – director, social assistant)*
5. *Workshop „Domestic Violence” the Center „Amicul” – 29th April 2009, Center „Amicul”, Chisinau (participant – director) ;*
6. *Skills upgrade – Instruction cycle „Massage and kinetic therapy” - 11.05.2009 - 3.06.2009, Center for professional training of medical workers and pharmacists with secondary education from Balti municipality (participants – message therapist, kinetic therapist)*
7. *Training Module I „Community-based care for People with Mental Health Problems” 13.08.09 – 15.08.09, organized by CA „Somato” (participants – the whole personnel);*
8. *Training Module II „Community-based care for People with Mental Health Problems” 10.09 - 12.09.2009, organized by CA „Somato” (participants – the whole personnel);*

9. *Training session „Services for social inclusion of disabled people” - 8.12.2009-11.12.2009 (participants – T. Ștefîrță – social participants);*
10. *Instruction cycle „ Organizational management. Rights and Protection of the Child. Specific aspects – abuse, neglect, children traffic, children with special needs” 18.12.2009 (participant – T. Ștefîrță – social assistant)*

Identified problems and solutions to overpass them

Problems:

- Lack of transport for transportation of people with motor deficiencies to children and home;
- Transportation of the goods for the two Centers from the Network of Social Services from municipality Balti;
- Insufficient information of relatives and society regarding the services delivered by the Center;
- Insufficient knowledge of the personnel involved in the delivery of social services.

Solutions:

- Searching for the resources to procure the transport.
- Elaboration of informational materials, offer of consultations, involvement of mass media, “Open Doors Day”, etc.
- Organization of workshops and trainings.

Conclusions

If the Center for Children and Teenagers with Severe Mixed Disabilities DANCO was a dream which has become true, we can realize other dreams in continuation: an inclusive society which will offer equal chances for all its members, in which children with mental disabilities will live with their families, will have friends and will work.